


# December 2019

## First Congregational Learning Center Menu

Infant Room: All food is served per DCFS guidelines and is cooked then mashed, grated or pureed.

Children under 2 are served whole milk.

Children 2 and older are served 1% milk..

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Snack: Goldfish & Applesauce <b>2</b> Lunch: Grilled Cheese Tomato Soup Peas Peaches Milk Snack: Trail Mix & Milk	Snack: Fruit bread & Milk <b>3</b> Lunch: Chicken Parmesan Buttered Noodles Green Beans Pineapple Milk Snack: Pretzel sticks & yogurt	Snack: English Muffins & Milk <b>4</b> Lunch: BBQ Turkey Cups Cucumbers Grapes Milk Snack: Chips & Salsa	Snack: Graham crackers, fruit & Milk <b>5</b> Lunch: Fish Sticks Broccoli Pears Milk Snack: String cheese & crackers	Snack: Yogurt & Granola <b>6</b> Lunch: Turkey/cheese Sandwich Cucumbers and Carrots Apples Milk Snack: Veggie straws & Fruit
Snack: Nutrigrain bar & Milk <b>9</b> Lunch: Pancakes Sausage Green Beans Apples with Cinnamon Milk Snack: Goldfish & Fruit	Snack: Fruit bread & Milk <b>10</b> Lunch: Meatballs Brown Rice Peas Peaches Snack: Breadsticks w/marinara	Snack: Oatmeal, apples & Milk <b>11</b> Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk <b>12</b> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail mix	Snack: Bagel w, cream cheese <b>13</b> Lunch: Taco Salad: Turkey taco meat Lettuce, tomato, cheese Tortilla chips or flour tortilla Oranges Milk Snack: Veggie straws & fruit
Snack: Cinnamon bread w/cream cheese & Milk <b>16</b> Lunch: Fish sticks Carrots Grapes Milk Snack: Goldfish & Applesauce	Snack: Cinnamon bread w/cream cheese & Milk <b>17</b> Lunch: Spaghetti w/ meat sauce Garlic Bread Peas Oranges Snack: Jello & Graham crackers	Snack: Graham crackers, fruit & Milk <b>18</b> Lunch: Stromboli Cucumbers Oranges Milk Snack: Pizza dip	Snack: Yogurt & Fruit <b>19</b> Lunch: Chicken Nuggets Green Beans Pears Milk Snack: String cheese & crackers	Snack: Biscuit w/jelly & Milk <b>20</b> Lunch: Smoked Turkey Sausage Egg Noodles Broccoli Pineapple Milk Snack: Veggie straws & fruit
Snack: Oyster crackers & Peaches <b>23</b> Lunch: French Toast Sticks Sausage Green Beans Pears Milk Snack: String Cheese & crackers	 <p><b>Merry Christmas</b> CENTER CLOSED</p>		Snack: Graham crackers, fruit & Milk <b>26</b> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail Mix	Snack: Bagel w/cream cheese <b>27</b> Lunch: Baked Potato w/sides Broccoli Peaches Milk Snack: Goldfish & Applesauce
Snack: Goldfish & Applesauce <b>30</b> Lunch: Grilled Cheese Tomato Soup Peas Peaches Milk Snack: Trail Mix & Milk	Snack: Fruit bread & Milk <b>31</b> Lunch: Chicken Parmesan Buttered Noodles Green Beans Pineapple Milk Snack: Pretzel sticks & yogurt	<p><b>January 1</b> CENTER CLOSED</p>		