

First Congregational Learning Center

February 2018

Infant Room: All food is served per DCFS guidelines and is cooked then mashed, grated or pureed.
 Children under 2 are served whole milk.
 Children 2 and older are served 1% milk.
 Our Menu is Egg Free

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
			Snack: Graham crackers, fruit & Milk 1 Lunch: Fish Sticks Broccoli Pears Milk Snack: Vegie straws & fruit	Snack: Yogurt & Fruit 2 Lunch: Taco Salad; turkey taco meat lettuce, tomato, cheese Tortilla chips or flour tortilla Oranges Milk Snack: String cheese & crackers
Snack: Nutrigrain bars & Milk 5 Lunch: Pancakes Sausage Green beans Pineapple Milk Snack: Goldfish, Applesauce	Snack: Toasted cinnamon bread w/cream cheese & Milk 6 Lunch: Meatballs LePuillandre Family Recipe Potato Casserole Peas Peaches Snack: Trail mix & fruit	Snack: Oatmeal, apples & Milk 7 Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk 8 Lunch: Macaroni & cheese Broccoli Grapes Milk Snack: Breadsticks w/marinara	Snack: Bagel w/ cream cheese 9 Lunch: Turkey & cheese on wheat bread Bandy Family Recipe Lentil and Farro Soup Apples Milk Snack: Veggie Straws & fruit
Snack: Nutrigrain bar , Milk 12 Lunch: Fish Sticks Carrots Grapes Milk Snack: Goldfish, Applesauce	Snack: Banana Bread & Milk 13 Lunch: Spaghetti Garlic Bread Peas Oranges Milk Snack: Jello, graham crackers	Snack: Biscuit w/jelly, Milk 14 Lunch: Mexican Rice & Beans Apples Milk Snack: Veggie Straws, fruit	Snack: Fresh fruit, Graham crackers, Milk 15 Lunch: Chicken Nuggets Broccoli Pears Milk Snack: Pizza dip	Snack: Yogurt & Fruit 16 Lunch: Stromboli Cucumbers Oranges Milk Snack: Chips, Salsa
Snack: Cottage Cheese & Peaches 19 Lunch: Pancakes Sausage Green Beans Pears Milk Snack: String cheese & crackers	Snack: Fruit Bread & Milk 20 Lunch: Turkey/cheese nacho/soft taco Corn Apples Milk Snack: Soft pretzels w/queso	Snack: English Muffin w/jelly & Milk 21 Lunch: Hamburger on a bun Cucumbers & carrots Oranges Milk Snack: Vegie straws & fruit	Snack: Graham crackers, fruit & Milk 22 Lunch: Macaroni & cheese Peas Grapes Milk Snack: Trail mix & fruit	Snack: Bagel w/ cream cheese 23 Lunch: Cheese Quesadilla Corn Fiesta beans Pears Milk Snack: Goldfish, Applesauce
Snack: Goldfish, Applesauce 26 Lunch: Grilled cheese on wheat Peas Grapes Milk Snack: Nutrigrain bar , Milk	Snack: Fruit Bread & Milk 27 Lunch: Chicken Parmesan Buttered Noodles Broccoli Pineapple Milk Snack: pretzel sticks and yogurt	Snack: Apple crisp & Milk 28 Lunch: BBQ Turkey cups Green beans Peaches Milk Snack: Chips & salsa		