

June 2019

First Congregational Learning Center Menu

Infant Room: All food is served per DCFS guidelines and is cooked then mashed, grated or pureed.

Children under 2 are served whole milk.

Children 2 and older are served 1% milk..

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Snack: Nutrigrain bar & Milk 3 Lunch: Fish sticks Carrots Grapes Milk Snack: Goldfish & Applesauce	Snack: Cinnamon bread w/cream cheese & Milk 4 Lunch: Spaghetti w/ meat sauce Garlic Bread Peas Oranges Snack: Jello & Graham crackers	Snack: Yogurt & Fruit 5 Lunch: Stromboli Cucumbers Apples Milk Snack: Pizza Dip	Snack: Graham crackers, fruit & Milk 6 Lunch: Chicken Nuggets Green Beans Pears Milk Snack: String cheese & crackers	Snack: Biscuit w/jelly & Milk 7 Lunch: Tuna and Noodles Oranges Milk Snack: Veggie straws & fruit
Snack: Cottage Cheese & Peaches 10 Lunch: French Toast Sausage Green Beans Pears Milk Snack: String cheese & crackers	Snack: Cherry crisp & Milk 11 Lunch: Turkey/cheese nachos/soft taco Corn Grapes Milk Snack: Soft pretzels w/queso	Snack: English Muffin w/jelly & Milk 12 Lunch: Hamburger on a bun Carrots and Cucumbers Oranges Milk Snack: Veggie straws & fruit	Snack: Graham crackers, fruit & Milk 13 Lunch: Macaroni & Cheese Broccoli Apples Milk Snack: Trail mix	Snack: Bagel w/cream cheese 14 Lunch: Cheesy Chicken Quesadilla Corn Peaches Milk Snack: Goldfish & Applesauce
Snack: Goldfish & Applesauce 17 Lunch: Grilled Cheese Peas Grapes Milk Snack: Trail Mix	Snack: Fruit bread & Milk 18 Lunch: Chicken Parmesan Buttered Noodles Green Beans Pineapple Milk Snack: Pretzel sticks & yogurt	Snack: Nutrigrain bar & Milk 19 Lunch: BBQ Turkey Cups Cucumbers Peaches Milk Snack: Chips & Salsa	Snack: Graham crackers, fruit & Milk 20 Lunch: Fish Sticks Creamed Corn Pears Milk Snack: String cheese & crackers	Snack: Yogurt & Granola 21 Lunch: Turkey/cheese Sandwich Cucumbers and Carrots Apples Milk Snack: Veggie straws
Snack: Nutrigrain bar & Milk 24 Lunch: Pancakes Sausage Green Beans Pineapple Milk Snack: Goldfish and Applesauce	Snack: Fruit bread & Milk 25 Lunch: Meatballs Brown Rice Peas Peaches Snack: Breadsticks w/marinara	Snack: Oatmeal, apples & Milk 26 Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk 27 Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail mix	Snack: Bagel w, cream cheese 28 Lunch: Taco Salad: Turkey taco meat Lettuce, tomato, cheese Tortilla chips or flour tortilla Oranges Milk Snack: Veggie straws & fruit