


May 2018

First Congregational Learning Center Menu

Infant Room: All food is served per DCFS guidelines and is cooked then mashed, grated or pureed.

Children under 2 are served whole milk.

Children 2 and older are served 1% milk..

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	Snack: Fruit bread & Milk <i>1</i> Lunch: Meatballs Rice Peas Peaches Snack: Breadsticks w/marinara	Snack: Oatmeal, apples & Milk <i>2</i> Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk <i>3</i> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail mix	Snack: Bagel w, cream cheese <i>4</i> Lunch: Turkey & cheese on wheat bread Cucumbers & Carrots Apples Milk Snack: Veggie straws & fruit
Snack: Nutrigrain bar & Milk <i>7</i> Lunch: Fish sticks Carrots Grapes Milk Snack: Goldfish & Applesauce	Snack: Cinnamon bread w/cream cheese & Milk <i>8</i> Lunch: Spaghetti Garlic Bread Peas Oranges Milk Snack: Jello & Graham crackers	Snack: Biscuit w/jelly & Milk <i>9</i> Lunch: Pulled Pork Sliders Green beans Apples Milk Snack: Veggie straws & fruit	Snack: Graham crackers, fruit & Milk <i>10</i> Lunch: Chicken Nuggets Broccoli Pears Milk Snack: String cheese & crackers	Snack: Yogurt & Fruit <i>11</i> Lunch: Stromboli Cucumbers Oranges Milk Snack: Pizza Dip
Snack: Cottage Cheese & Peaches <i>14</i> Lunch: Pancakes Sausage Green Beans Pears Milk Snack: String cheese & crackers	Snack: Fruit bread & Milk <i>15</i> Lunch: Turkey/cheese nachos/soft taco Corn Apples Milk Snack: Soft pretzels w/queso	Snack: English Muffin w/jelly & Milk <i>16</i> Lunch: Hamburger on a bun Cucumbers & Carrots Oranges Milk Snack: Veggie straws & fruit	Snack: Graham crackers, fruit & Milk <i>17</i> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail Mix	Snack: Bagel w/cream cheese <i>18</i> Lunch: Cheese Quesadilla Corn Fiesta Beans Pears Milk Snack: Goldfish & Applesauce
Snack: Goldfish & Applesauce <i>21</i> Lunch: Grilled Cheese on Wheat Peas Grapes Milk Snack: Nutrigrain bar & Milk	Snack: Fruit bread & Milk <i>22</i> Lunch: Chicken Parmesan Buttered Noodles Broccoli Pineapple Milk Snack: Pretzel sticks & yogurt	Snack: Apple Crisp & Milk <i>23</i> Lunch: BBQ Turkey Cups Green Beans Peaches Milk Snack: Chips & Salsa	Snack: Graham crackers, fruit & Milk <i>24</i> Lunch: Fish Sticks Broccoli Pears Milk Snack: String cheese & crackers	Snack: Yogurt & Fruit <i>25</i> Lunch: Taco Salad: Turkey taco meat Lettuce, tomato, cheese Tortilla chips or flour tortilla Oranges Milk Snack: Veggie straws & fruit
 <i>28</i>	Snack: Fruit bread & Milk <i>29</i> Lunch: Meatballs Rice Peas Grapes Snack: Breadsticks w/marinara	Snack: Oatmeal, apples & Milk <i>30</i> Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk <i>31</i> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail mix	