

# May 2019

## First Congregational Learning Center Menu

Infant Room: All food is served per DCFS guidelines and is cooked then mashed, grated or pureed.

Children under 2 are served whole milk.

Children 2 and older are served 1% milk..

Monday	Tuesday	Wednesday	Thursday	Friday
		Snack: Oatmeal, apples & Milk <i>1</i> Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk <i>2</i> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail mix	Snack: Bagel w, cream cheese <i>3</i> Lunch: Taco Salad: Turkey taco meat Lettuce, tomato, cheese Tortilla chips or flour tortilla Oranges Milk Snack: Veggie straws & fruit
Snack: Nutrigrain bar & Milk <i>6</i> Lunch: Fish sticks Carrots Grapes Milk Snack: Goldfish & Applesauce	Snack: Cinnamon bread w/cream cheese & Milk <i>7</i> Lunch: Spaghetti w/ meat sauce Garlic Bread Peas Oranges Snack: Jello & Graham crackers	Snack: Biscuit w/jelly & Milk <i>8</i> Lunch: Mexican Lasagna Apples Milk Snack: Veggie straws & fruit	Snack: Graham crackers, fruit & Milk <i>9</i> Lunch: Chicken Nuggets Green Beans Pears Milk Snack: String cheese & crackers	Snack: Yogurt & Fruit <i>10</i> Lunch: Stromboli Cucumbers Oranges Milk Snack: Pizza Dip
Snack: Cottage Cheese & Peaches <i>13</i> Lunch: French Toast Sausage Green Beans Pears Milk Snack: String cheese & crackers	Snack: Cherry crisp & Milk <i>14</i> Lunch: Turkey/cheese nachos/soft taco Corn Grapes Milk Snack: Soft pretzels w/queso	Snack: English Muffin w/jelly & Milk <i>15</i> Lunch: Hamburger on a bun Carrots and Cucumbers Oranges Milk Snack: Veggie straws & fruit	Snack: Graham crackers, fruit & Milk <i>16</i> Lunch: Macaroni & Cheese Broccoli Apples Milk Snack: Trail mix	Snack: Bagel w/cream cheese <i>17</i> Lunch: Cheesy Chicken Quesadilla Corn Peaches Milk Snack: Goldfish & Applesauce
Snack: Goldfish & Applesauce <i>20</i> Lunch: Grilled Cheese Peas Grapes Milk Snack: Trail Mix	Snack: Fruit bread & Milk <i>21</i> Lunch: Chicken Parmesan Buttered Noodles Green Beans Pineapple Milk Snack: Pretzel sticks & yogurt	Snack: Nutrigrain bar & Milk <i>22</i> Lunch: BBQ Turkey Cups Cucumbers Peaches Milk Snack: Chips & Salsa	Snack: Graham crackers, fruit & Milk <i>23</i> Lunch: Fish Sticks Creamed Corn Pears Milk Snack: String cheese & crackers	Snack: Yogurt & Granola <i>24</i> Lunch: END OF THE YEAR PICNIC Turkey Hot Dogs Macaroni & Cheese Parent Pot Luck Snack: Veggie straws
 Memorial Day <i>27</i> CENTER CLOSED	Snack: Fruit bread & Milk <i>28</i> Lunch: Meatballs Brown Rice Peas Peaches Snack: Breadsticks w/marinara	Snack: Oatmeal, apples & Milk <i>29</i> Lunch: Cheese pizza Vegetable blend Oranges Milk Snack: Pretzels w/cream cheese	Snack: Graham crackers, fruit & Milk <i>30</i> Lunch: Macaroni & Cheese Broccoli Grapes Milk Snack: Trail Mix	Snack: Bagel w, cream cheese <i>31</i> Lunch: Taco Salad: Turkey taco meat Lettuce, tomato, cheese Tortilla chips or flour tortilla Oranges Milk Snack: Veggie straws & fruit